



Understanding and supporting your child with sensory challenges

WORKSHOP FOR PARENTS

Sensory challenges include over- or under-sensitivity to stimuli like sounds, textures, or movement. These differences can impact the ability to focus, stay calm, or engage in everyday activities. Understanding sensory challenges can support your child's well-being, helping them navigate the world more comfortably.

 Date TBC

 TIME TBC

 Location TBC

OUTLINE:

- Introduction to the 8 senses and how we process information
- Recognising and understanding sensory differences
- Creating sensory friendly environments
- Tools and strategies to support your child to regulate their sensory experiences

SPEAKER :



JEN TRZECIAK

OCCUPATIONAL THERAPIST
WAY AHEAD THERAPY

FREE TO REGISTER

