



Unlocking the Potential: An exploration of executive functioning in the post-primary classroom

WORKSHOP FOR TEACHERS

Executive functioning skills are cognitive skills that help us manage tasks, stay organised, and control our behavior. Strong executive functioning helps with engaging in school, building social relationships, and managing everyday challenges.



Date TBC



TIME TBC



Online or face to face

SPEAKER :



JEN TRZECIAK

OCCUPATIONAL THERAPIST
WAY AHEAD THERAPY

OUTLINE:

- Introduction to executive functioning skills
- Recognising executive functioning challenges
- Strategies and tools to support executive functioning in children and teenagers

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